

Year 5 and 6: Relationships

Subject Specific Vocabulary	
Gender identity	A person's idea of being a boy or girl, which may or may not be the same as when they were born.
Relationships	A connection between two people. E.g. a friends, parents, guardians, family, romantic partners, doctors, nurses, teachers and many more!
Attraction	The feeling of having an interest or liking in someone.
Romantic relationship	A deep passion and love for another person. Some relationships may progress to the point where they have a ceremony in celebration for their love such as a wedding or civil partnership.
Intimate relationship	A level of physical intimacy that is not present in other relationships (but this is not always the case).
Sexual orientation	Being attracted to a person of the opposite sex/gender, the same sex/gender or to both sexes or more than one gender.
Committed	Being dedicated or loyal to something or someone.
Civil partnership	A formal legal relationship between same-sex partners. This grants rights, responsibilities and obligations similar to those of married couples.
Healthy relationship	Characteristics include trust, respect, kindness, boundaries, privacy, consent, the management of conflicts, reconciliation and the respectful ending of relationships.
Unhealthy relationship	Involve one or more person exhibiting behaviours which are not healthy or founded in mutual respect for each other.
Abusive relationships	Involve one or more person treating the other with cruelty or violence, especially regularly or repeatedly.

How do friendships change as we grow?

FRIENDSHIP IS



...feeling safe.

- ### What I will learn by the end of this topic:
- That people have different kinds of relationships in their lives, including romantic or intimate relationships.
 - That people who are attracted to and love each other can be of any gender, ethnicity or faith; the way couples care for one another.
 - Adults can choose to be part of a committed relationship or not, including marriage or civil partnership.
 - Marriage should be wanted equally by both people and that forcing someone to marry against their will is a crime.



- ### Characteristics of relationships:
- A healthy relationship includes:**
- Being able to openly talk about your emotions and feelings
 - Feeling happy to see and spend time with the people you have relationships with
 - Feeling safe and happy around others
 - Not being forced to keep a secret that makes you uncomfortable
- A unhealthy relationship includes:**
- Being controlling e.g. dictating what the other person can do or wear
 - Being pressured into doing things that make you feel uncomfortable
 - Being humiliated in private or in front of others.
 - Feeling scared to be around a person because they are unpredictable.

Previous Learning

- I understand about positive and negative relationships
- I'm aware that people's behaviour can affect myself and others
- I understand how to be respectful in different situations and why
- I know how to respond to inappropriate behaviour and to report concerns
- I know the different parts of the female and male body