

# Year 3 and 4: Health and Wellbeing

## Subject Specific Vocabulary

<b>Risk</b>	The possibility of taking an action when we cannot always predict what will happen and when there is the potential of losing something of value.
<b>Gambling</b>	A risk where money (or something else of value) is swapped in the hope of winning something better.
<b>Password</b>	An individual's secret work to access personal information
<b>Danger Signs</b>	If something makes you don't like or makes you feel worried
<b>Influence</b>	To have an effect on the character or behaviour of someone.
<b>Pressure</b>	Influencing or persuading someone to do something
<b>Consequences</b>	A result of a particular action or situation
<b>Outcome</b>	The way a thing turns out; a consequence

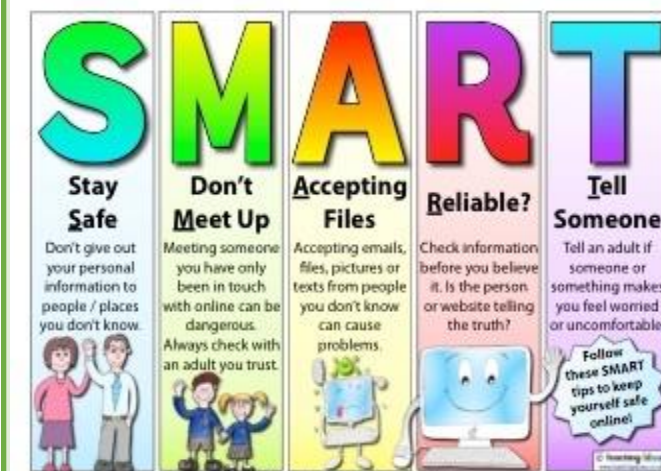
How can we manage risk in different places?



What I will learn by the end of this topic:

- How to recognise, predict, assess and manage risk in different situations
- how to keep safe in the local environment and less familiar locations
- How people can be influenced by their peers' behaviour and by a desire for peer approval and how to manage this
- How people's online actions can impact on other people
- How to keep safe online, including protecting personal identity and recognising inappropriate behaviour
- how to report concerns, including about inappropriate online content and contact
- that rules, restrictions and laws exist to help people keep safe and how to respond to a situation that is anti-social or against the law

## Online Safety



## Previous Learning

- I know rules and restrictions help to keep us safe
- I can identify risks and possible unsafe situations and steps to avoid them
- I learnt about resisting pressure to do something that makes me feel uncomfortable, including keeping secrets
- I know people can pretend to be someone else online
- I understand to tell an adult if I feel unsafe